

# Soccer Update





# AGENDA

- **UIL INFORMATION**
- **SPORT SPECIFIC**
- **COACHING REMINDERS**
- **RULES & REGULATIONS**
- **MISCELLANEOUS INFORMATION**



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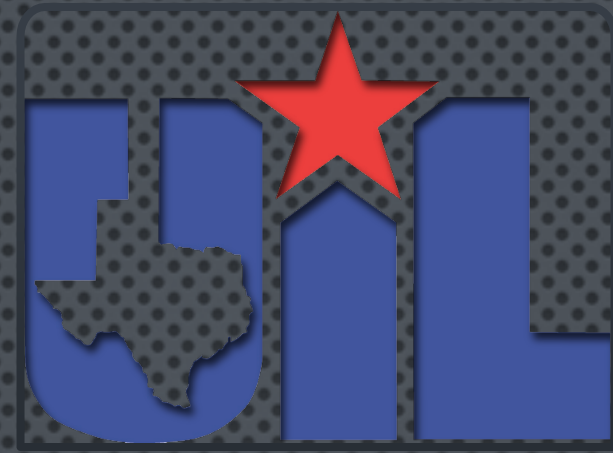
**Assistant AD**  
**Brandy Belk**





# LEAGUE GOVERNANCE

- ✓ **LEGISLATIVE COUNCIL** – RULE MAKING BODY, 32 SUPERINTENDENTS, ALL REGIONS, ALL CONFERENCES REPRESENTED.
- ✓ **STATE EXECUTIVE COMMITTEE (SEC)** – 12 SCHOOL ADMINISTRATORS APPOINTED BY THE COMMISSIONER OF EDUCATION.
- ✓ **WAIVER REVIEW BOARD** – 10 PERSON COMMITTEE, REVIEWS DECISIONS OF THE UIL WAIVER OFFICER ON APPEALS
- ✓ **DISTRICT EXECUTIVE COMMITTEE (DEC)** – CONSISTS OF ONE VOTING MEMBER PER SCHOOL IN A GIVEN UIL DISTRICT.





# CONSTITUTION CHANGES

## 2020-2021

- COACHES CERTIFICATION PROGRAM (CCP) – COACHES NOW REQUIRED TO HAVE ALL CCP COURSES DONE BY THE START OF THEIR FIRST PRACTICE OR THE START OF SCHOOL. WHICHEVER COMES FIRST.
- SUMMER REGULATIONS – THE ADDITIONS WE MADE THIS YEAR MAY POSSIBLY CHANGE NEXT SUMMER.
- STRENGTH & CONDITIONING DURING SCHOOL YEAR– PILOT PROGRAM THAT ALLOWS FOR 60 MINUTES OF S&C OUTSIDE THE SCHOOL DAY. THIS TIME MAY BE USED ALL YEAR
- ELIGIBILITY (FIRST SIX-WEEKS) –
  - (A) GRADES NINE AND BELOW. STUDENTS MUST HAVE BEEN PROMOTED FROM THE PREVIOUS GRADE.
  - (B) SECOND YEAR OF HIGH SCHOOL. **TWO AND ONE-HALF** ACCUMULATED CREDITS
  - (C) THIRD YEAR OF HIGH SCHOOL. TEN ACCUMULATED CREDITS OR AT LEAST **TWO AND ONE-HALF** CREDITS WITHIN THE LAST TWELVE MONTHS
  - (D) FOURTH YEAR OF HIGH SCHOOL. FIFTEEN ACCUMULATED CREDITS OR AT LEAST **TWO AND ONE-HALF** CREDITS WITHIN THE LAST TWELVE MONTHS.





# CONSTITUTION CHANGES

## 2020-2021

- **PHYSICALS** – FOR THE 2020-21 SCHOOL YEAR ONLY, ANY PARTICIPANT WHO HAS NOT PREVIOUSLY COMPLETED A PRE-PARTICIPATION PHYSICAL EXAMINATION (PPE), AND BEEN CLEARED FOR PARTICIPATION, WILL BE REQUIRED TO COMPLETE THE MEDICAL HISTORY FORM, AS WELL AS A PPE PRIOR TO PARTICIPATION IN ANY UIL PRACTICES, GAMES, PERFORMANCES, OR MATCHES.
- **SEPARATED PARENTS**– SEPARATED PARENTS WILL NOW BE CONSISTENT WITH THE GUARDIAN RULE (3 YEARS).
- **AREA TRACK MEETS** – AREA TRACK MEETS ARE NOW REQUIRED UNLESS THE TWO DISTRICTS ARE MORE THAN 150 MILES APART.
- **OFFICIALS FEE INCREASE** - \$5 INCREASE ACROSS THE BOARD FOR OFFICIALS FEE







## UIL Staff Studies

- ✓ Study the possibility of Home Field Advantage for all sports and all classifications.
- ✓ Study the possibility of changing the Junior High start time for athletic contests.
- ✓ Study the possibility of adding 1A volleyball, softball, and baseball to their own district







## 2020 COVID-19 SUMMER

Everything in terms of strength & conditioning, sport specific instruction and camps is very different this summer. Make sure you are familiar with the COVID-19 athletics guidelines page on the UIL website:

[www.uiltexas.org/athletics/covid-19-strength-conditioning-2020](http://www.uiltexas.org/athletics/covid-19-strength-conditioning-2020)





UIL Coaches Checklist  
Basketball  
2020-21



	CHECKLIST	REFERENCE	COMPLETION DATE
✓	<b>PRE-SEASON</b>		
	Register/update profile in the UIL Portal	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Practice
	Print and review Basketball Manual	<a href="#">Basketball Manual</a>	Prior to 1 <sup>st</sup> Practice
	Update Coach name in MaxPreps	<a href="#">MaxPreps</a>	Beginning of school year
	UIL yearly coaching requirements (CCP & TEC) (manual, p. 12)	<a href="#">Coaching Requirements</a>	Prior to 1 <sup>st</sup> Practice
	Student participation required forms. Keep on file. (manual, p. 14)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Varsity participation required forms. Keep on file. (manual, p. 14)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Review rules regarding eligibility for athletic contests (manual, p. 13)	<a href="#">C&amp;CR Sec. 400 &amp; 403</a>	Prior to 1 <sup>st</sup> Practice
	Review Basketball Plan (manual, p. 10)	<a href="#">Basketball Plan</a>	Prior to 1 <sup>st</sup> Practice
	Review UIL rule changes (manual, p. 7)	<a href="#">UIL Rule Changes</a>	Prior to 1 <sup>st</sup> Practice
	Review NFHS rule change (manual, p. 9)	<a href="#">NFHS</a>	Prior to 1 <sup>st</sup> Practice
	Complete PAPFs and file with UIL Office <ul style="list-style-type: none"> <li>Apply/Complete any necessary Waivers and file with UIL</li> </ul>	<a href="#">PAPF Process</a> <a href="#">Waiver Information</a>	Prior to 1 <sup>st</sup> Practice
	Submit Varsity Team Eligibility Form to district chair (UIL Portal)	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Contest
✓	<b>REGULAR SEASON</b>		
	First day of practice		Girls: October 21 Boys: October 28
	First day for interschool scrimmages		Girls: October 31 Boys: November 7
	First day for playing interschool games		Girls: November 6 Boys: November 13
	Update schedule and record in MaxPreps	<a href="#">MaxPreps</a>	Ongoing
✓	<b>POST-SEASON</b>		
	Print and review Basketball Post Season Packet	<a href="#">Post Season Packet</a>	

# NEW 2020-2021 Checklists

- Checklists for every sport have been created. All links are live and will take you right to the information you are looking for.
- Will be on manual page.
- Let us know if there is more you would like to see on these checklists.







**SOCCER  
SPECIFIC INFORMATION**





# UIL SOCCER UPDATES 2020-2021



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# COACHING REMINDERS

- KNOW YOUR RULES
- YEARLY REQUIRED TRAINING
- EDUCATE / LEAD YOUR STAFF



*"I didn't know what the outcome would be, but I committed to the purpose."*





# KNOW YOUR RULES

- ✓ **Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).**
- ✓ **Download and / or print your SPORT MANUAL**
  - Manuals include C&CR sport plan language, NFHS rule changes, UIL rule changes and they are updated annually.
- ✓ **Download or bookmark the Side by Side Manual**
  - Will answer questions about no-pass / no-play, eligibility and more.







# ACCESSING YOUR MANUALS FROM YOUR DESKTOP

The screenshot shows the website [www.uiltexas.org](http://www.uiltexas.org) in a browser. A red box highlights the address bar with the URL [www.uiltexas.org](http://www.uiltexas.org). A red arrow points from this box to the 'ATHLETICS +' dropdown menu in the navigation bar. Below the navigation bar is a large image of gold medals with red, white, and blue ribbons. A red box highlights the text 'Go to specific sport or go to manuals in dropdown box' with a red arrow pointing to the 'ATHLETICS +' menu. At the bottom of the page, the text reads: 'The University Interscholastic League' and 'The University Interscholastic League exists to provide educational extracurricular academic, athletic, and music contests.'





# FINDING YOUR MANUAL FROM YOUR DESKTOP

The screenshot shows a web browser at <https://www.uiltexas.org/athletics/manuals>. The page header includes the UIL logo and navigation tabs for ACADEMICS, ATHLETICS, MUSIC, SPIRIT, MEDIA, and POLICY. The main content area is titled 'MANUALS' and contains a dropdown menu. A red callout box with white text and arrows points to the dropdown menu, stating: "Go to specific sport or go to manuals in dropdown box".

**MANUALS**

- High School Sports
  - Baseball
  - Basketball
  - Cross Country
  - Football
  - Golf
  - Soccer
  - Softball
  - Swimming & Diving
  - Team Tennis
  - Tennis
  - Track & Field
  - Volleyball
  - Wrestling
- Junior High Sports
- UIL Portal
- Sports Officials
- Alignments
- Health & Safety
- District Chairs
- Forms
- Manuals
- Archives
- Scoreboard
- Lone Star Cup

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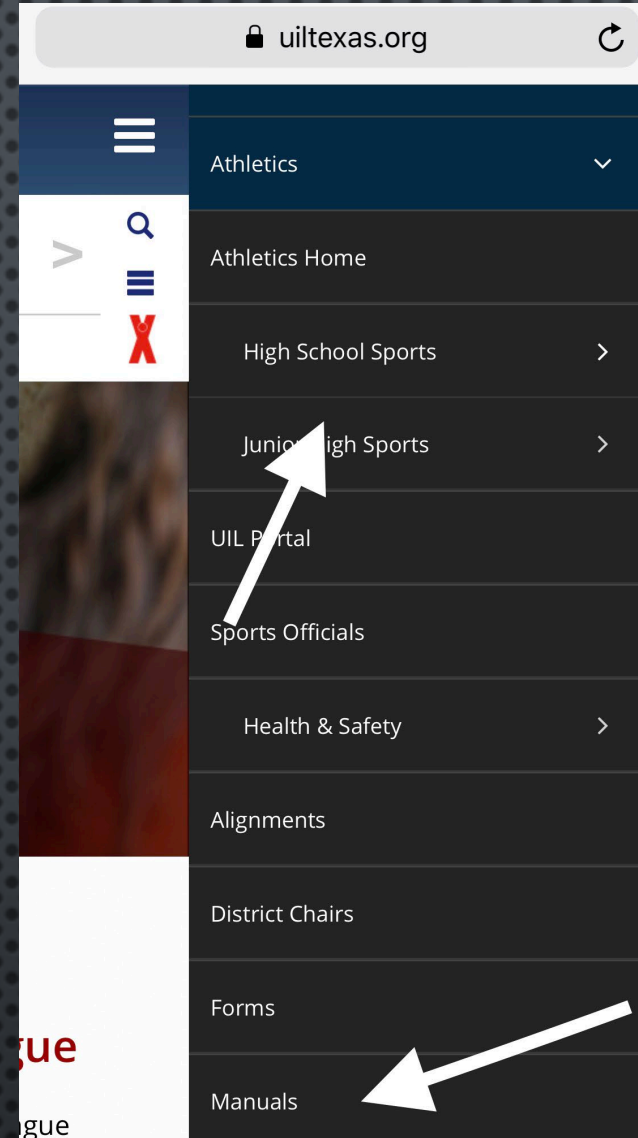
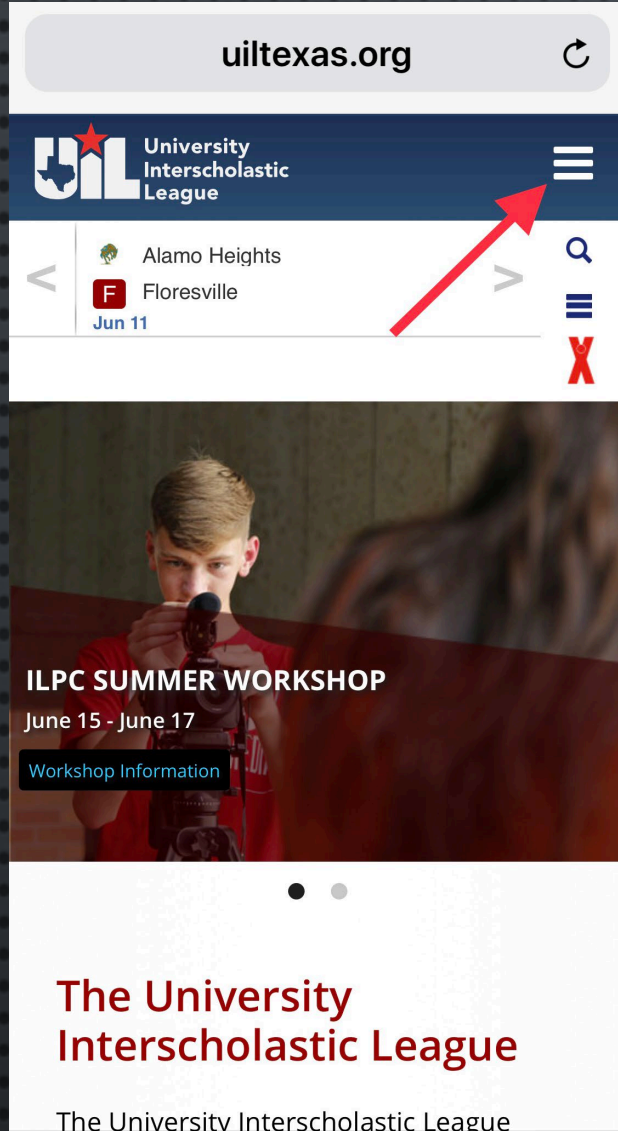
**Junior High Manual**  
The Junior High Manual is available on each of the Junior High Sport pages.

- Junior High Sports



# ACCESSING THE MANUALS

## FROM YOUR PHONE





# UIL COACH EDUCATION AND TRAINING REQUIREMENTS (STATE LAW)

- CPR AND FIRST AID TRAINING – MUST HAVE A CURRENT CERTIFICATION FILED WITH THE DISTRICT
- AED TRAINING – MUST HAVE A CURRENT CERTIFICATION FILED WITH THE DISTRICT
- SAFETY TRAINING – TRAINING PROVIDED BY UIL (CCP) PROGRAM, AND MUST BE COMPLETED PRIOR TO ANY CONTACT WITH STUDENTS
- CONCUSSION TRAINING – TRAINING MUST BE COMPLETED ANNUALLY (2 HOURS EVERY OTHER YEAR/1 HOUR ANNUALLY)



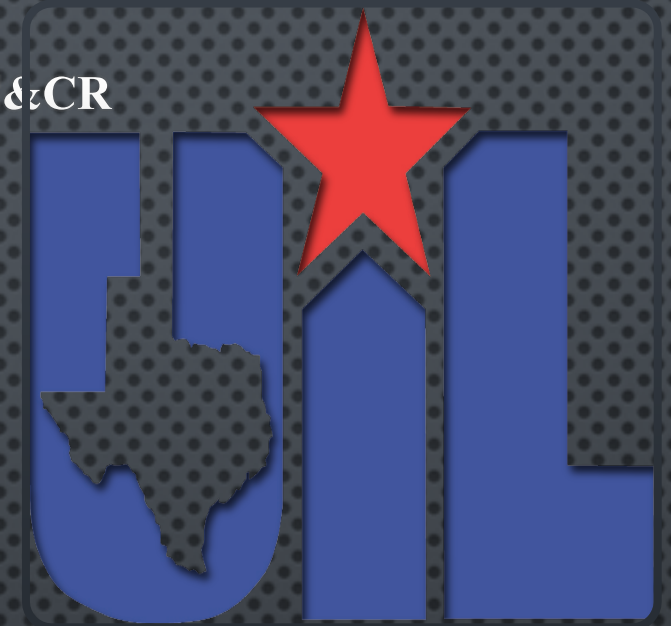


# UIL COACHES EDUCATION AND TRAINING REQUIREMENTS

✓ UIL PROFESSIONAL ACKNOWLEDGEMENT FORM– ON FILE WITH THE DISTRICT (C&CR 1202(J))

✓ COACHES CERTIFICATION PROGRAM (CCP)– ONLINE / IN-PERSON TRAINING (C&CR 1208(I))

- 1) CONSTITUTION & CONTEST RULES
- 2) ETHICS
- 3) UIL STEROID EDUCATION
- 4) SAFETY TRAINING (STATE LAW)
- 5) CONCUSSION TRAINING (STATE LAW)
- 6) SPORT SPECIFIC TRAINING – EACH SPORT HAS A SEPARATE MODULE
- 7) FOOTBALL COACHES ONLY – BEST PRACTICES IN TACKLING CERTIFICATION
- 8) FIRST YEAR COACHES ONLY - FUNDAMENTALS OF COACHING IN TEXAS (C&CR 1202 (L))
- 9) SAFETY/RISK MINIMIZATION FOR CHEERLEADING COACHES – LOCAL DISTRICT DETERMINES THE PROVIDER FOR TRAINING, AND TRAINING MUST BE COMPLETED PRIOR TO ANY STUDENT CONTACT





# STUDENT PARTICIPATION REQUIRED FORMS

- *PRE PARTICIPATION PHYSICAL EXAMINATION FORM*
- *MEDICAL HISTORY FORM*
- **RULES ACKNOWLEDGMENT FORM**
- **PARENT OR GUARDIAN PERMIT**
- **PARENT/STUDENT ANABOLIC STEROID USE AND RANDOM STEROID TESTING FORM**
- *CONCUSSION ACKNOWLEDGEMENT FORM*
- *SUDDEN CARDIAC ARREST AWARENESS FORM*





# PRACTICE & GAME REGULATIONS

## ➤ *PRACTICE*

➤ *OUTSIDE THE SCHOOL YEAR VS SCHOOL IS IN-SESSION*

➤ *COACHING OUTSIDE YOUR SPORT SEASON*

➤ *INDIVIDUAL SPORTS VS TEAM SPORTS*

## ➤ *GAMES*

➤ *SEASON LIMITS*

➤ *SCHOOL WEEK VS CALENDAR WEEK*

➤ *HS vs JH*







# PRACTICE REGULATIONS

(C&CR 1206)

## SCHOOL IS IN-SESSION

- **EIGHT HOUR RULE** - PRACTICE OUTSIDE THE SCHOOL DAY, FROM THE BEGINNING OF THE SCHOOL WEEK THROUGH THE END OF THE SCHOOL WEEK (EXCLUDING HOLIDAYS), IS LIMITED TO A MAXIMUM OF EIGHT HOURS PER SCHOOL WEEK PER ACTIVITY.
  - **SESSIONS FOR STRENGTH & CONDITIONING INSTRUCTION** MAY BE CONDUCTED BY SCHOOL COACHES FOR STUDENTS IN GRADES 7-12 FROM THAT COACHES ATTENDANCE ZONE STARTING THE FIRST DAY OF SCHOOL. A STRENGTH AND CONDITIONING SESSION SHALL BE NO MORE THAN ONE HOUR PER DAY OUTSIDE THE SCHOOL DAY, MONDAY THROUGH FRIDAY, AND A STUDENT SHALL ATTEND NO MORE THAN ONE SESSION OF SUPERVISED INSTRUCTION PER DAY.
  - THE IN-SCHOOL ATHLETIC PERIOD DOES NOT COUNT TOWARDS THE ALLOTTED 8 HOURS
  - ANY TIME USED IN CONNECTION WITH A PRACTICE THAT IS NOT PART OF THE ATHLETIC PERIOD COUNTS AS PART OF THE 8 HOURS. (DRESS, VIDEO/MEETINGS, ETC.)





# CONTEST REGULATIONS

✓ **HIGH SCHOOL - ONE CONTEST PER SCHOOL WEEK:**

- SEE SPECIFIC SPORT FOR CALENDAR WEEK LIMITS.

PER ACTIVITY-PER STUDENT

*EXCEPTIONS:* TOURNAMENTS, POST-SEASON, POSTPONED DISTRICT  
VARSITY GAMES

✓ **JUNIOR HIGH – 1 CONTEST PER CALENDAR WEEK.**

**Difference between Calendar and School week:**

✓ **CALENDAR WEEK :**

- 12:01 AM SUNDAY TO MIDNIGHT SATURDAY

✓ **SCHOOL WEEK:**

- 12:01 ON 1<sup>ST</sup> INSTRUCTIONAL DAY OF THE WEEK TO CLOSE  
OF INSTRUCTION ON THE LAST INSTRUCTIONAL DAY OF THE WEEK

Know Your

**Sport**

Yearly Game  
Limitations!!  
(See Manual)





# GENERAL REGULATIONS FOR JUNIOR HIGH

- ✓ SCHEDULING. NO GAME, CONTEST, SCRIMMAGE OR TOURNAMENT, INCLUDING DISTRICT COMPETITION, SHALL BEGIN PRIOR TO THE END OF THE ACADEMIC SCHOOL DAY FOR ALL PARTICIPANTS.
  
- ✓ NO POST-DISTRICT COMPETITION. THERE SHALL BE NO POST-SEASON PLAYOFFS OR COMPETITION IN ANY ATHLETIC EVENT.





**ELIGIBILITY**





# ELIGIBILITY

## ELIGIBILITY - 1ST SIX-WEEKS OF SCHOOL YEAR

- **GRADES NINE AND BELOW - PROMOTED**
- **SECOND YEAR OF HIGH SCHOOL — FIVE ACCUMULATED CREDITS**
- **THIRD YEAR OF HIGH SCHOOL - TEN ACCUMULATED CREDITS OR FIVE CREDITS WITHIN THE LAST TWELVE MONTHS**
- **FOURTH YEAR OF HIGH SCHOOL - FIFTEEN ACCUMULATED CREDITS OR FIVE CREDITS WITHIN THE LAST TWELVE MONTHS**



# ELIGIBILITY SUB-VARSITY AND JUNIOR HIGH

AN INDIVIDUAL IS ELIGIBLE TO PARTICIPATE IF...

## SUB VARSITY ELIGIBILITY

- FULL TIME STUDENT
- ACADEMICALLY ELIGIBLE

## JUNIOR HIGH ELIGIBILITY

- FULL TIME STUDENT
- ACADEMICALLY ELIGIBLE
- AGE APPROPRIATE FOR JH ATHLETIC COMPETITION







# ELIGIBILITY

## *VARSITY ATHLETICS*

- ✓ MEETS ALL REQUIREMENTS OF SECTION 400 & 403
- ✓ IS AN AMATEUR
- ✓ MEETS PARENT RESIDENCE RULE
- ✓ MEETS THE AGE RULE
- ✓ HAS NOT CHANGED SCHOOLS FOR ATHLETIC PURPOSES
- ✓ PREVIOUS ATHLETIC PARTICIPATION FORM



# PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)

- *REQUIRED FOR ALL **NEW** STUDENTS IN GRADES 9-12 WHO HAVE:*
- **REQUIRED** IF A STUDENT PRACTICED OR PARTICIPATED WITH A FORMER SCHOOL IN GRADES 8-12 IN ANY UIL ATHLETIC ACTIVITY.
- **NEW SCHOOL MUST VERIFY THAT THE STUDENT MEETS THE PARENT RESIDENCE RULE.**
- **DISTRICT EXECUTIVE COMMITTEE** MUST DETERMINE THAT STUDENT DID NOT MOVE FOR ATHLETIC PURPOSES AND APPROVE PAPF BEFORE A STUDENT IS ELIGIBLE TO PARTICIPATE AT THE VARSITY LEVEL AT THE NEW SCHOOL
- SUBMITTED TO THE UIL OFFICE.







# CONCERNS (Update)

## 2020-2021

- ✓ Video Usage – Know the Rules... Too many coaches call wanting to protest and use video
- ✓ Event Limitations – Know the Rules... There is a difference in HS and JH, we had multiple kids/teams get DQ'd violating this...
- ✓ Don't Compare – Comparisons are negative... Team sports are different than individual sports, individual sports are different from one to the other... We do not have a sport in the state of Texas that is in bad shape!
- ✓ Social Media – Call us, email us, negativity on social media is not a good look!





## CONTACTS & LINKS



# LINKS FOUND ON UIL WEBSITE

- CONSTITUTION & CONTEST RULES (C&CR)
- TEA-UIL SIDE-BY-SIDE
- ATHLETIC RULES (SECTIONS 1200 THROUGH 1210 C&CR)
- RULES VIOLATIONS AND PENALTIES (SECTION 1207 C&CR)
- BOOSTER CLUB GUIDELINES
- SUMMER STRENGTH & CONDITIONING REGULATIONS
- NON-SCHOOL PARTICIPATION REGULATIONS





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